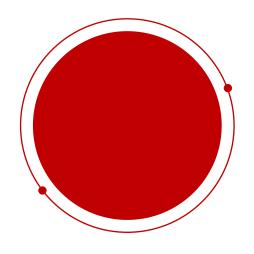
### CSUCI GI 2025 Taskforce

Student Success Subcommittee
Brown Bag Presentations







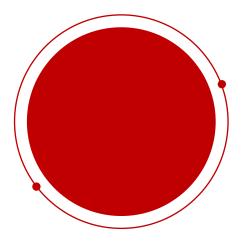
- GI 2025 Taskforce members recognized a need for campus to adopt a universal definition of student success at CSUCI
- Our subcommittee was charged with creating a draft of a revised definition of Student Success at CSUCI
- Our subcommittee was then asked to gather feedback from campus constituents before formalizing definition
- Work sent over to the Reaffirmation
   Steering Committee

Students achieve established learning outcomes and are academically prepared to graduate

Students actively engage in the curricular and co-curricular programs and support services that enhance their educational experience

Students apply their academic and co-curricular experiences to further their education, advance their careers, and contribute positively to a diverse and dynamic society

CSUCI
Student Success:
Previous definition from
2015-2020 Strategic
Plan

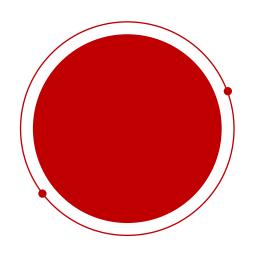


#### **Proposed Revision Draft**

At CSUCI, Students "chart their course" to their personal definition of success. Using an assets-based approach, CSUCI will ensure that all students:

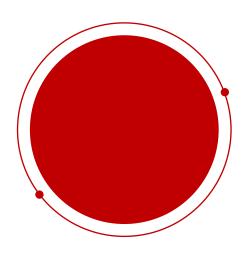
- CSUCI
  Student Success:
  Proposed Revision
  Keywords
- Channel their potential toward a fulfilling career and personal life.
- Channel pre-professional and personal preparedness activities that develop the whole self.
- (3) Channel their passions through high-impact practices.
- Through challenge and support, students are channeled to meet and exceed their educational objectives.

The CI "Channels of Wellness" Framework supports each student to channel their success in a campus wide culture of servingness.



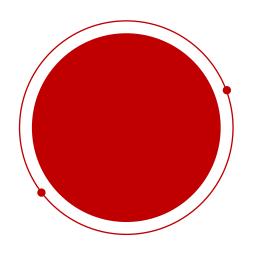
# Students channel their potential toward a fulfilling career and personal life.

 Students are supported throughout their career at CSUCI to define and evolve their individual definition of success, establishing and achieving goals in their academic and personal wellness pursuits, on their way to graduation.



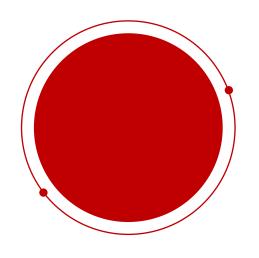
# Students channel pre-professional and personal preparedness activities that develop the whole self.

 Students are given experiences and skills that positively contribute to their futures, their families, and their extended communities in a diverse and dynamic society.



### Channel their passions through high-impact practices.

 CSUCI students engage experientially in opportunities that develop their leadership, learning, service, professional development, and an inclusive and anti-racist perspective of a just society.



## Through challenge and support, students are channeled to meet and exceed their educational objectives.

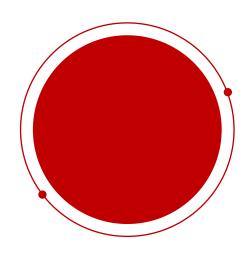
 Such objectives include degree obtainment, academic program selection and completion, time to graduation, continued education, post-graduation career choice and advancement, and students' personal vision for academic excellence



#### INDIVIDUALIZED STUDENT SUCCESS E-PORTFOLIOS

- CSUCI envisions student success as a holistic and dynamic process that supports each individual in defining, achieving, and revising their personal and academic goals.
- CSUCI believes that an individual student's definition of success can and should evolve throughout their time at the university as they are exposed to new learning, opportunities, and personal achievements.
- Using a "Wheel of Wellness" framework (reconceived as "Channels of Wellness" for CSUCI), we approach success from the viewpoint of the student and support them in meeting their short- and long-term goals for each semester.

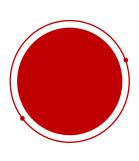
Witmer, J. M. & Sweeney, T. J. (1992). A holistic model for wellness and prevention over the life span. *Journal of Counseling and Development*, 71(2), pp. 140–148. https://doi.org/10.1002/j.1556-6676.1992.tb02189.x



### CSUCI Student Success "Channels of Wellness" Domains

- 1. Emotional Wellness
- 2. Environmental Wellness
- 3. Intellectual and Academic Wellness
- 4. Occupational Wellness
- 5. Physical Wellness
- Social Wellness

Witmer, J. M. & Sweeney, T. J. (1992). A holistic model for wellness and prevention over the life span. *Journal of Counseling and Development*, 71(2), pp. 140–148. https://doi.org/10.1002/j.1556-6676.1992.tb02189.x

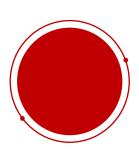


#### **EMOTIONAL WELLNESS**

#### **Emotional Wellness**

Emotional wellness can be understood as having the support and the skills to cope with life's stresses and changes.

- · What are your current strengths in this domain?
- What are your current challenges in this domain?
- What would Success in the Emotional Wellness domain look like to you by the end of the semester?
- What short term goals do you have for your Emotional Wellness domain (in the next two months)?
- What long term goals do you have for your Emotional Wellness domain (beyond this semester)?
- Which, if any, of the following campus resources would you like to engage with to support you in reaching your goals?
  - Counseling and Psychological Services
  - Student Clubs and Organizations
  - CSUCI Gym and Wellness Activities
  - Peer Mentoring

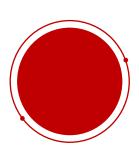


#### ENVIRONMENTAL WELLNESS

#### **Environmental Wellness**

Environmental wellness can be understood as having access to healthy and safe living and learning environments. This may include safe, secure, and affordable housing; sufficient nutritional resources such as money for and access to healthy food sources; access to appropriate clothing and footwear to support learning and personal activities; access to reliable transportation; access to learning materials such as a computer, textbooks, calculator, and other course-required supplies.

- What are your current strengths in this domain?
- What are your current challenges in this domain?
- What would Success in the Environmental Wellness domain look like to you by the end of the semester?
- What short term goals do you have for your Environmental Wellness domain (in the next two months)?
- What long term goals do you have for your Environmental Wellness domain (beyond this semester)?
- Which, if any, of the following campus resources would you like to engage with to support you in reaching your goals?
  - Counseling and Psychological Services
  - CSUCI Basic Needs Program
  - CSUCI Food Pantry
  - Cal FRESH
  - Residential Living
  - CSUCI Emergency Housing Grants
  - On-Campus Employment
  - Computer Lending Program through Broome Library
  - Volunteer Opportunities & Community Partnerships

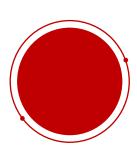


#### INTELLECTUAL AND ACADEMIC WELLNESS

#### Intellectual and Academic Wellness

Intellectual and academic wellness includes personal goals for success in your courses (units taken, grades, GPA, time to degree completion) and academic pursuits. This domain also encourages engaging in activities that you find mentally and creatively stimulating, expanding your knowledge, and sharing your knowledge with others.

- What are your current strengths in this domain?
- What are your current challenges in this domain?
- What would Success in the Intellectual and Academic Wellness domain look like to you by the end of the semester?
- What short term goals do you have for your Intellectual and Academic Wellness domain (in the next two months)?
- What long term goals do you have for your Intellectual and Academic Wellness domain (beyond this semester)?
- Which, if any, of the following campus resources would you like to engage with to support you in reaching your goals?
  - Academic Support Services (tutoring, workshops) through the Writing and Multiliteracy Center
  - Professors' Office Hours
  - Student Clubs and Organizations
  - Use of Library Resources
  - Pursuit of Research Opportunities
  - Academic Leadership Position
  - Peer Mentoring

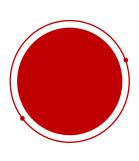


#### OCCUPATIONAL WELLNESS

#### Occupational Wellness

Occupational wellness includes adequate employment to support student's financial as well as Life-fullfillment needs. This domain also encompasses professional development opportunities, career advancement strategies, and achieving a healthy work-life balance.

- What are your current strengths in this domain?
- What are your current challenges in this domain?
- What would Success in the Occupational Wellness domain look like to you by the end of the semester?
- What short term goals do you have for your Occupational Wellness domain (in the next two months)?
- What long term goals do you have for your Occupational Wellness domain (beyond this semester)?
- Which, if any, of the following campus resources would you like to engage with to support you in reaching your goals?
  - On-Campus Employment
  - Career Services
  - Graduate School Advising
  - Faculty Advisors
  - Internships
  - Research
  - Volunteer Opportunities and Community Involvement
  - Leadership in Clubs/Organizations
  - Financial Aid Counseling

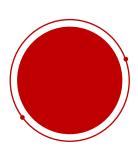


#### PHYSICAL WELLNESS

#### Physical Wellness

Physical wellness encompasses behaviors and habits that contribute to optimum physical health, including exercise, nutrition, adequate sleep, physical safety, medical care, access to prescriptions and medications, sexual health and family planning needs, and support for dependency on harmful substances and/or addiction concerns.

- What are your current strengths in this domain?
- What are your current challenges in this domain?
- What would Success in the Physical Wellness domain look like to you by the end of the semester?
- What short term goals do you have for your Physical Wellness domain (in the next two months)?
- What long term goals do you have for your Physical Wellness domain (beyond this semester)?
- Which, if any, of the following campus resources would you like to engage with to support you in reaching your goals?
  - CSUCI Health Services
  - CAPS (Counseling and Psychological Services)
  - Student Health Insurance
  - Basic Needs and Wellness Programs
  - CSUCI Gym
  - Student Clubs and Organizations including athletics
  - CARE Team referrals to external resources



#### **SOCIAL WELLNESS**

#### Social Wellness

Social wellness acknowledges our human need for connection and community, including close and supportive personal relationships, family relationships, peer groups, faith-based communities, and academic peer groups. This domain also supports the development of interpersonal communication skills and effective conflict resolution strategies.

- What are your current strengths in this domain?
- What are your current challenges in this domain?
- What would Success in the Social Wellness domain look like to you by the end of the semester?
- What short term goals do you have for your Social Wellness domain (in the next two months)?
- What long term goals do you have for your Social Wellness domain (beyond this semester)?
- Which, if any, of the following campus resources would you like to engage with to support you in reaching your goals?
  - Student Clubs and Organizations
  - CSUCI Athletics
  - Peer Mentoring
  - Study Groups
  - Peer Tutoring
  - CAPS
  - Residential Living
  - Living/Learning Communities

#### CSUCI STUDENT SUCCESS

#### **FEEDBACK**



